

# Telbolife AM Tablet

**Brand Name:** Telbolife AM Tablet

**Dosage Form:** Tablet

**Therapeutic Category:** Antihypertensive Combination

## Composition:

Each tablet contains:

- **Telmisartan I.P.** – 40 mg
- **Amlodipine I.P.** – 5 mg

## Description:

**Telbolife AM Tablet** is a combination of **Telmisartan**, an **angiotensin II receptor blocker (ARB)**, and **Amlodipine**, a **calcium channel blocker (CCB)**. It is used for the treatment of **hypertension** (high blood pressure).

- **Telmisartan** works by blocking the action of **angiotensin II**, leading to the relaxation of blood vessels and a decrease in blood pressure.
- **Amlodipine** inhibits the influx of **calcium ions** into vascular smooth muscle and cardiac muscle, leading to vasodilation and a reduction in blood pressure.

## Indications:

- **Essential Hypertension:** For the treatment of **high blood pressure** (hypertension).
- **Angina:** Used in the treatment of **chronic stable angina** and **vasospastic angina**.

## Dosage and Administration:

- **Recommended Dose:** 1 tablet once daily.
- **Administration:** Can be taken with or without food. It is recommended to take the tablet at the same time each day for optimal results.
- **Dose Adjustment:** The dose may be adjusted based on individual clinical response.
- **Switching Medications:** When switching from monotherapy to the combination of **Telmisartan** and **Amlodipine**, it is important to monitor blood pressure regularly.

## Contraindications:

- **Hypersensitivity** to any component of the formulation.
- **Severe renal impairment** or **anuria**.
- **Hypotension** (low blood pressure) or **shock**.
- **Pregnancy** and **breastfeeding**.

## Precautions:

- **Renal Function:** Caution is recommended in patients with impaired kidney function, and renal function should be monitored regularly.

- **Electrolyte Imbalances:** Regular monitoring of **potassium** and **sodium** levels due to the risk of **electrolyte disturbances**.
- **Volume Depletion:** Caution is advised in patients with dehydration, salt depletion, or on a low-salt diet.
- **Liver Disease:** Use with caution in patients with liver disease.

#### **Adverse Effects:**

- **Common Side Effects:** Dizziness, headache, swelling of the ankles or feet, fatigue, and palpitations.
- **Serious Adverse Effects:** Low blood pressure (hypotension), elevated potassium levels (hyperkalemia), kidney problems, and liver dysfunction.
- **Other Effects:** Constipation, nausea, and flushing.

#### **Storage:**

- Store below **25°C** in a cool, dry place.
- Protect from moisture and direct sunlight.
- Keep out of reach of children.

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

Plot no.: 367-FF, Industrial Area Phase-I,  
Panchkula-134113

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